

Department of Management, Technology and  
Organisation in the Faculty of Business,  
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New Zealand Policy Research Institute

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# Introduction & topic



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KEY ACCOUNT MANAGER

## Embedding wellbeing in organisational culture

# Wellbeing plan????









# Embedding wellbeing

- **Provider – Client Customer Partnership**
- **What is it for? Who owns it? Who is it for?**
- **Use data to establish baselines**
- **Survey and feedback**
- **Set goals as a wellbeing team**
- **Develop a campaign targeting obstacles**
- **Create a themed calendar**
- **Organise onsite events**
- **Focus on the pro-active, de-stigmatise the re-active**



# Wellbeing services

Our multi-disciplinary team can support your physical and mental health at work or at home.

## Physical Health



Physiotherapy  
Rehabilitation Services  
Return and Stay at Work  
Programmes  
Physical Capacity Assessments  
Pain Clinics  
Headache Clinics  
Health Coaching

## Workplace Health



Pre-Employment Health Assessments  
Health Monitoring  
Workplace Assessments  
Drug and Alcohol Testing  
Early Intervention Programme  
Respiratory Fit Testing  
Vaccinations  
Biological Monitoring  
Nurse Clinics

## Support & Advice



EAP Services  
Careers Advice  
Financial & Legal Advice  
Education Sessions & Seminars  
Onsite Trauma Support  
Professional Supervision  
Fit for Work  
habithealth+ Support App

# Wellbeing services

## Health Coaching

- Nutritional Support, advice and education by a qualified Dietician
- Fitness Coaching, provided by a Rehab Coach
- Sleep and Fatigue Health Coaching provided by a registered Nurse
- QuitHelp, for smoking and vaping provided by a registered Nurse
- Healthy Heart Coaching by a registered Nurse

## Counselling Professionals

- Stress and pressure – personal or work
- Depression and anxiety
- Workplace issues and changes
- Bullying and harassment support
- Anger and conflict issues
- Relationship and family matters
- Grief and loss
- Life transition and personal development
- Health and wellbeing

## Financial Guidance

- Budgeting
- Buying a home
- Preparing for redundancy
- Investments/KiwiSaver
- Preparing for retirement
- Managing debt

## Careers Guidance

- Coaching
- Communication skills
- Managing change
- Role expectations
- Retirement
- Career direction

## Legal Guidance

- Legal personal matters
- Adoption or custody
- Marriage/civil union
- Tax guidance
- Buying/selling a house
- Separation

# Culture & Diversity

## Rongoā Māori Care Programme

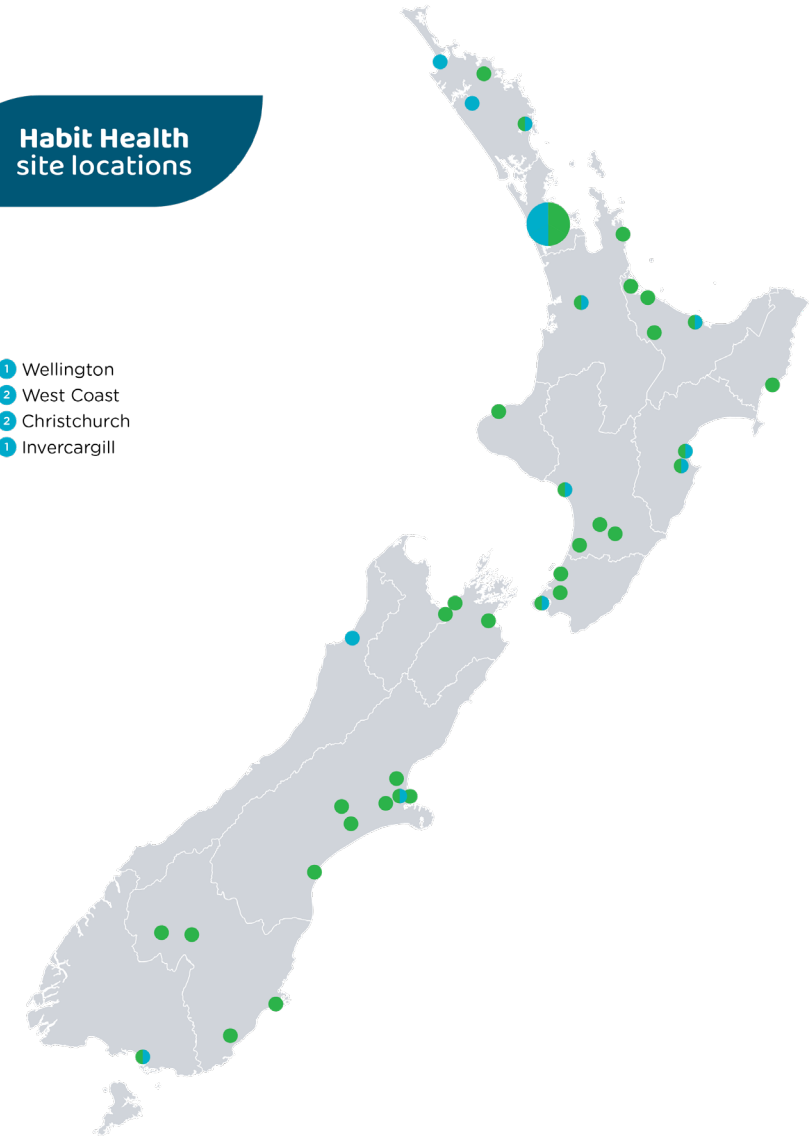
- 18 locations across New Zealand
- Growth of providers is continuous
- We utilize PowerBi to capture data
- We utilize our National support center to process bookings



### Rongoa Network

- 2 Kaitia
- 1 Kaikohe
- 1 Whangārei
- 2 Auckland
- 2 Hamilton
- 1 Whakatāne
- 1 Hastings
- 1 Havelock
- 1 Palmerston North

- 1 Wellington
- 2 West Coast
- 2 Christchurch
- 1 Invercargill







# Q&A

Thank you for the opportunity  
to present to you today

