

Enhancing immunisation coverage:

A spotlight on migrant and refugee background
communities

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AUT

TE WĀNANGA ARONUI
O TĀMAKI MAKĀU RAU



**NEW ZEALAND POLICY
RESEARCH INSTITUTE**
TE KĀHUI RANGAHAU MANA TAURITE



**MIGRANT AND REFUGEE
HEALTH RESEARCH CENTRE**



**Ko Wai Au?
Who Am I?**



“When we include the voices and contributions of people on the move, we build more trusted, responsive, and resilient systems, for everyone.”

Dr. Santino Severoni
Director of WHO Health and Migration



Migration Context

Table 1. Key facts and figures from World Migration Reports 2000 and 2024

	2000 Report	2024 Report
Estimated number of international migrants	150 million	281 million
Estimated proportion of world population who are migrants	2.8%	3.6%
Estimated proportion of female international migrants	47.5%	48.0%
Estimated proportion of international migrants who are children	16.0%	10.1%
Region with the highest proportion of international migrants	Oceania	Oceania
Country with the highest proportion of international migrants	United Arab Emirates	United Arab Emirates
Number of migrant workers	-	169 million
Global international remittances (USD)	128 billion	831 billion
Number of refugees	14 million	35.4 million
Number of internally displaced persons	21 million	71.4 million

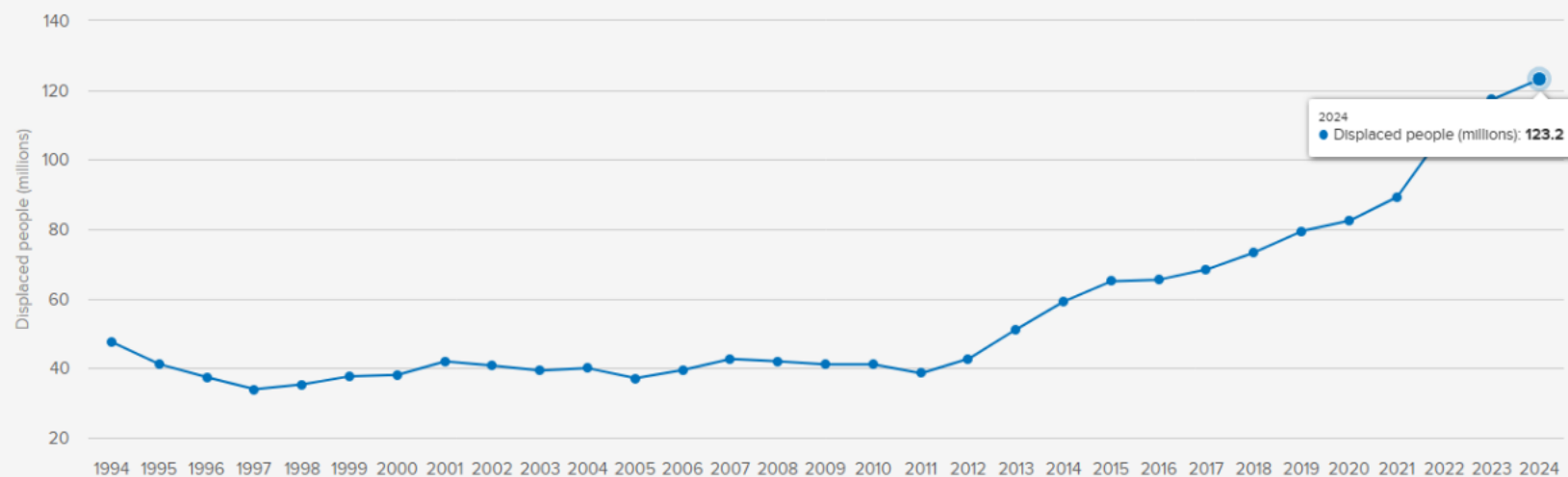
Sources: See IOM, 2000 and the present edition of the report for sources.
Notes: The dates of the data estimates in the table may be different to the report publishing date (refer to the reports for more detail on dates of estimates); refer to Chapter 3 of this report for regional breakdowns.

International Migration Context



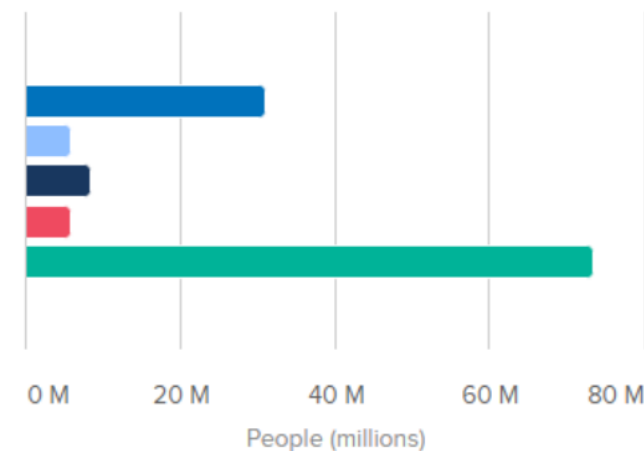
Global forced displacement trend over the last 30 years

At the end of 2024, 123.2 million people worldwide were forcibly displaced as a result of persecution, conflict, violence, human rights violations or events seriously disturbing public order.



Source: UNHCR Global Trends 2024, 12 June 2025.

- Refugees (under UNHCR's mandate)
- Palestine refugees (under UNRWA's mandate)
- Asylum-seekers
- Other people in need of international protection
- Internally Displaced People*



Source: UNHCR Global Trends 2024, 12 June 2025.

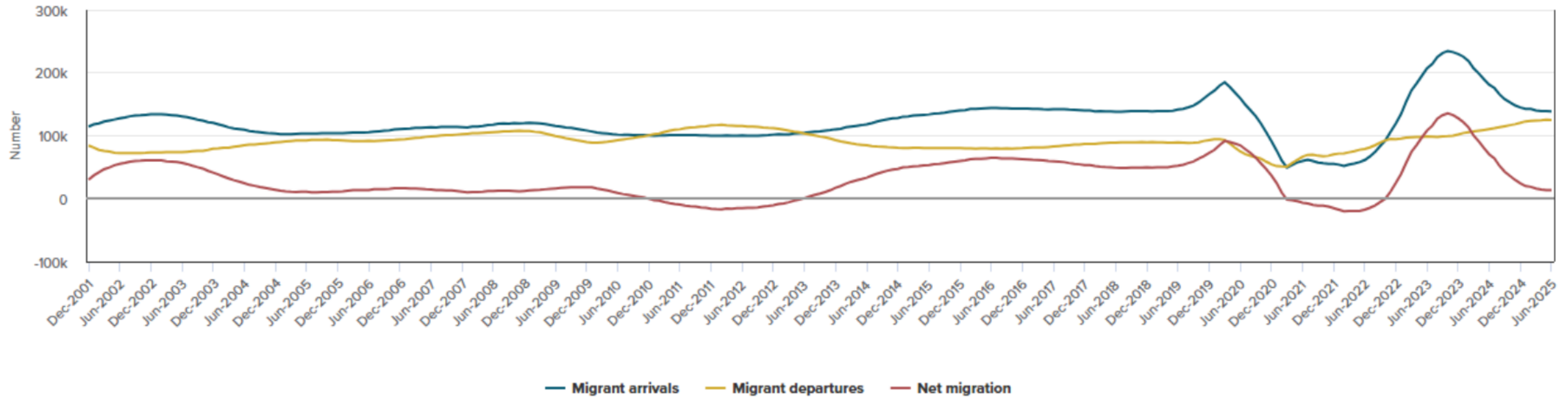
* Source: Internal Displacement Monitoring Centre

International Migration Context

Migration context in Aotearoa New Zealand



Estimated migration by direction, rolling year ended December 2001-June 2025



Estimates from March 2024 onwards are provisional and subject to revision.

- NZ net inward migration was growing, lowered due to COVID-19 border and travel restrictions, now positive again. (Stats NZ, n.d.)
- Various pathways for migrants and refugees to enter and settle in NZ.

Global inequities among migrants and refugees compared to host populations

Migrants generally experience higher VPD burden

- Almost all of the studies comparing VPD burden (n = 17, 89%) reported higher VPD burden among migrants compared to non-migrants (Charania et al., 2019)
- Migrants involved in VPD outbreaks in Europe, refugees living in temporary camps or shelters at particular risk (Deal et al., 2021)

Migrants are generally under-immunised

- Most studies comparing vaccine coverage (n = 26, 70%) reported lower rates among migrants compared to non-migrants (Charania et al., 2019)
- Newly arrived refugees' recorded coverage is suboptimal in the UK (Deal et al., 2022)
- Migrants have low immunity for key VPDs in Europe (Cherri et al., 2024)
- Migrant have low coverage in the MENA region (Bouaddi et al., 2024)

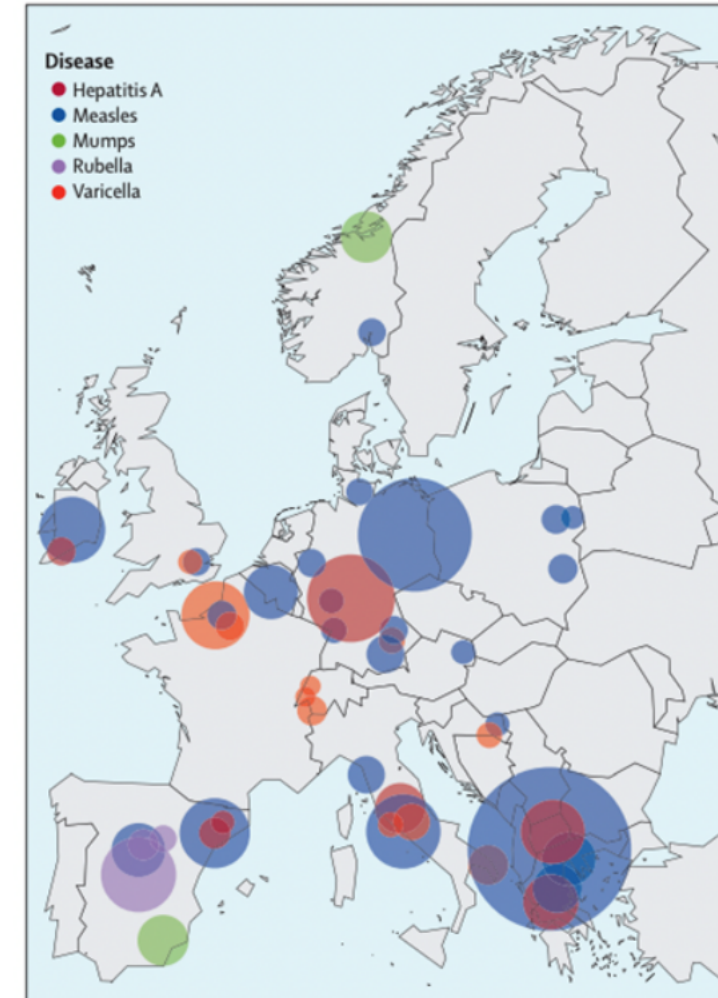


Figure 3: Case-load of vaccine-preventable disease outbreaks involving migrants by reported location
Bubble colours represent disease type, bubble size represents caseload.

Charania, N.A., Gaze, N., Kung, J., Brooks, S. (2019). Vaccine-preventable diseases and immunisation coverage among migrants and non-migrants worldwide: A scoping review of published literature, 2006 to 2016. *Vaccine*, 37(20):2661-2669.

Deal A, Halliday R, Crawshaw AF, Hayward SE, Burnard A, Rustage K, et al. Migration and outbreaks of vaccine-preventable disease in Europe: a systematic review. *The Lancet Infectious Diseases*. 2021;21(12):e387-e98.

Deal A, Hayward SE, Crawshaw AF, Goldsmith LP, Hui C, Dalal W, et al. Immunisation status of UK-bound refugees between January, 2018, and October, 2019: a retrospective, population-based cross-sectional study. *The Lancet Public Health*. 2022;7(7):e606-e15.

Cherri Z, Lau K, Nellums LB, Himmels J, Deal A, McGuire E, et al. The immune status of migrant populations in Europe and implications for vaccine-preventable disease control: a systematic review and meta-analysis. *J Travel Med*. 2024 Aug 3;31(6):taae033.

Bouaddi O, Seedat F, Hasaan Mohammed HE, Evangelidou S, Deal A, Requena-Mendez A, et al. Vaccination coverage and access among children and adult migrants and refugees in the Middle East and North African region: a systematic review and meta-analysis. *EClinicalMedicine*. 2024;78:102950.

Factors influencing vaccine access and acceptance among migrant populations



Panel 2: What are the barriers to and facilitators of vaccine uptake in migrants?

Access

Barriers

- Language, literacy, and communication barriers^{7,12,38,39–39,43,44,46,52,53,58–60,64,65,67}
- Resource and capacity constraints^{39,43,47,52,58,61,65}
- Practical barriers^{21,45,62}
- Legal barriers^{21,45,62}
- Distrust of health system or authorities; sense of alienation and disempowerment^{8,34,39,58–60}
- Specific provider-level barriers^{34,42,46,48,58,60–62}—eg, health professionals lacking specific knowledge of migrant entitlements or catch-up vaccination guidelines, missed opportunities to vaccinate

Facilitators

- Social integration^{34,39,44,48,64}—eg, engaging with health or vaccination system, having citizenship
- Service coordination, organisation, and infrastructure^{27,42,58}
- Culturally competent and migrant-sensitive care^{79,34,38,43,53,58,60,63}—eg, inclusive services and policies, alternative access points
- Tailored information sources^{8,53,59}
- Vaccination policy⁶³—eg, policy to vaccinate in absence of vaccination card
- Trust in the provider, system, or State^{34,60}

Affordability

Barriers

- Direct costs^{28,32,42,58}
- Indirect costs³⁵—eg, cost of travelling to vaccination appointment
- Competing priorities^{34,58,59}

Facilitators

- Cost offsetting^{32,35,39,44,48,59}—eg, free vaccination, insurance cover
- Convenience^{38,58}—eg, walk-in clinics rather than pre-booked appointments, flexible appointments

Awareness

Barriers

- Lack of knowledge about disease or need for vaccination^{8,78,39,35,37,39,42,43,45,48,53,54,55,58,60,64}
- Lack of knowledge about entitlement to vaccination^{39,45}
- Personal health stewardship^{45,68}—eg, knowing own medical and vaccination history
- Misinformation or lack of information^{8,51,58–60}—eg, about the vaccine or its availability

Facilitators

- Health promotion and awareness^{25–45}—eg, health educational programmes, being aware of benefits of vaccination

Acceptance

Barriers

- Worries about vaccine safety and side-effects^{38,34–38,54,56,58,59,64}
- Cultural, religious, and social barriers^{36,37,48,54–56,64}—eg, stigma around specific vaccines, vaccination unfashionable in home country
- Distrust of health system or authorities, sense of alienation and disempowerment^{8,34,55,58,59}
- Misinformation or lack of information^{8,39,38,56,58,60}
- Low perception of risk of disease or importance of vaccination^{8,39,37,42,58–60,64}
- Vaccination not physician-recommended³⁰

Facilitators

- Positive perceptions of vaccination^{34,35,37,58,62}
- Positive social norms^{34,36,38,59,60}—eg, normalisation of vaccination
- Tailored approaches, information, and messaging^{38,55}—eg, emphasising that human papillomavirus vaccine prevents cervical cancer, rather than a sexually transmitted infection
- Access to credible information sources^{37,51,56}

Activation

Barriers

- Lack of information or practical support from health-care professionals when desired⁶⁴
- Blanket approaches⁵⁸—eg, vaccination reminders sent via letter or text message not suitable for transient Roma populations

Facilitators

- Catch-up vaccination initiatives^{42,59}—eg, on-arrival health screening and vaccination for asylum seekers, mass vaccination campaigns
- Mandates⁵⁴—eg, mandatory workplace vaccination
- Provider recommendation⁶⁴
- Health promotion and education⁴²
- Culturally tailored and community-based interventions^{39,42,52,58}—eg, face-to-face communication, personalised reminders, community advocates

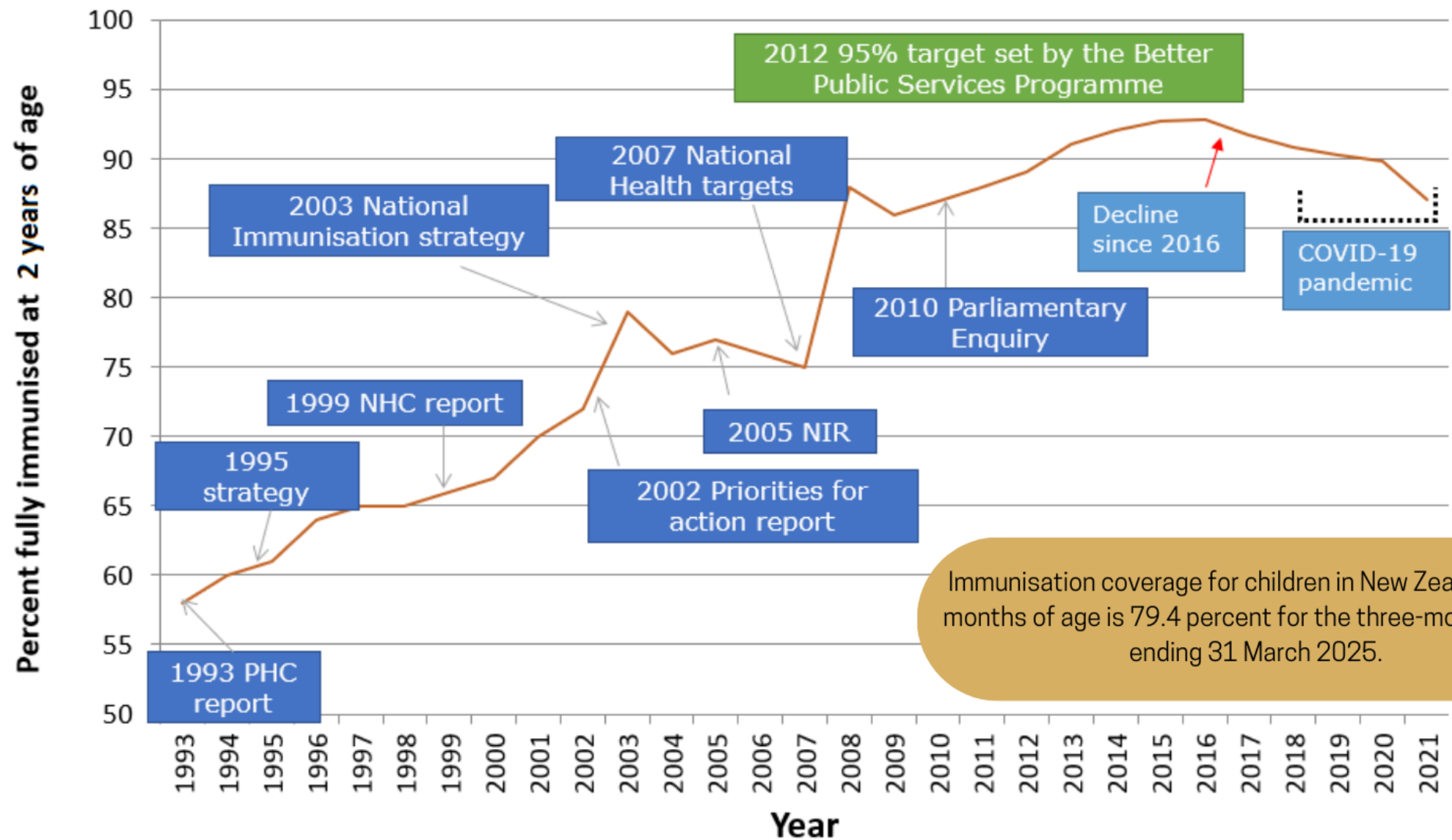
Other

Barriers

- Lack of vaccination documentation or record^{45,46,63,66}

Facilitators

- Not applicable



National inequities among migrants and refugees compared to host populations



Overseas-born children

- Not all registered on NIR
- Very low reported coverage rates



NZ-born children

- Almost all registered on the NIR
- Children of migrant parents > Children of non-migrant parents
- Children of recent migrants > Children of settled migrants



VPD-related hospitalisations

- NZ-born non-migrant children > NZ-born migrant and foreign-born children

“... [I had] a pretty hard time to find a good midwife because when I was pregnant for the first time, I didn’t know anything, and New Zealand is a new country. And I didn’t have anyone, didn’t know anyone, and had no family and no friends.” (Indian migrant mother)

“She [nurse] vaccinated my baby and that’s all. And she was like, “Oh, you’re done for the day.” I didn’t know what she was getting and, as a parent, I wanted to know.” (Refugee background mother)

“Due to the language barriers, I have a feeling of uncertainty. I am concerned that what if I cannot understand what the doctor says.” (Chinese migrant mother)

“She vaccinated my baby and that’s all...” Immunisation decision-making and experiences among refugee mothers resettled in Aotearoa New Zealand

Nadia A. Charania

Chinese and Indian migrant mother’s perceptions and experiences of utilising maternal and early childhood healthcare services in Aotearoa New Zealand: a qualitative descriptive study

Anjali Bhatia, Hongxia Qi & Nadia A. Charania

Strategies to increase vaccine uptake and reduce VPD burden



Interventions to reduce VPD burden and increase vaccination rates among migrants and refugees

Different outcome measures

Four categories based on the level of intervention targeted

- Individual - to facilitate uptake of health services (e.g., reminders, mobile tech)
- Community (e.g., education campaigns to improve knowledge)
- Provider (e.g., screening, treatment, and vaccination)
- System (e.g., guidelines, policies or regulations) (universal and targeted vaccinations)

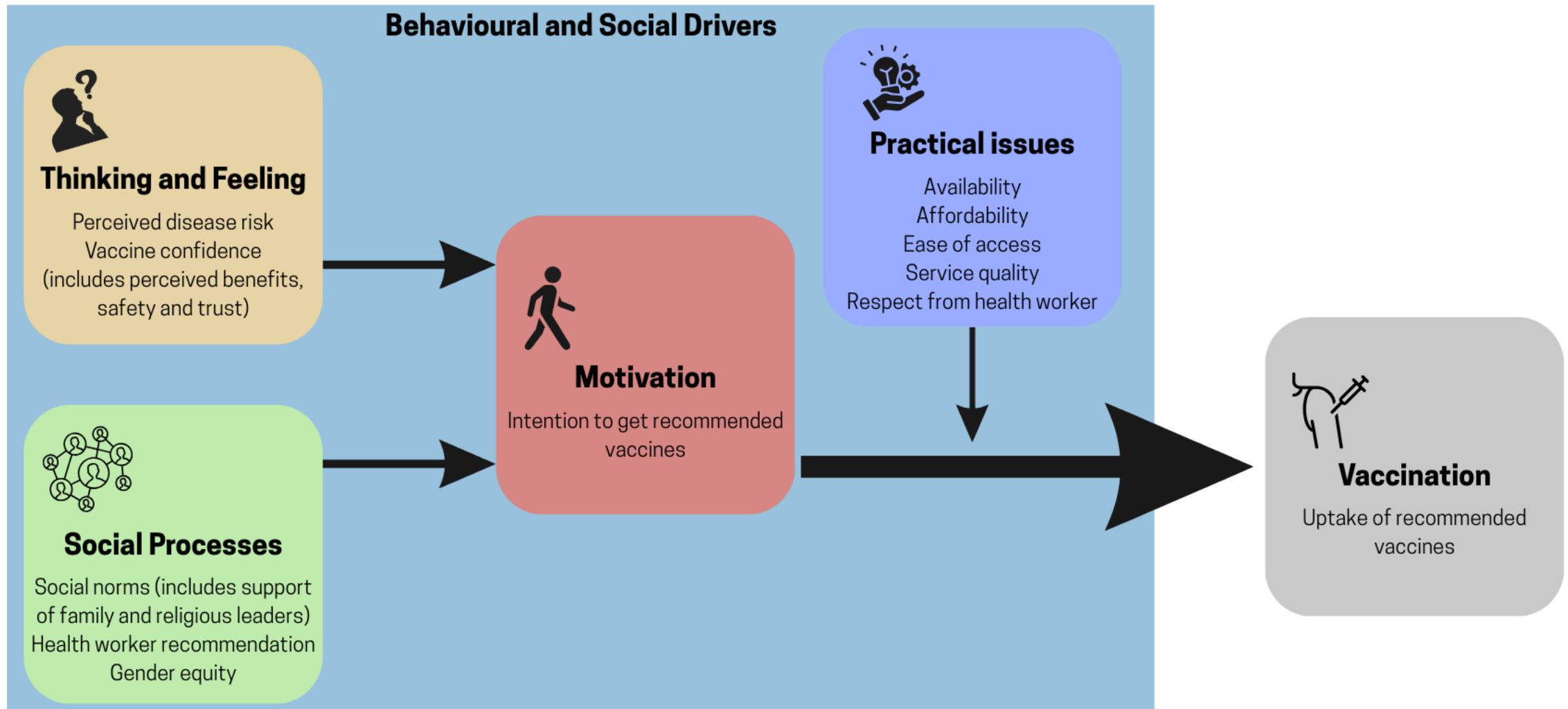
Need to address identified barriers to accessing services

Need for engagement with community members and organisations

Charania, N.A., Gaze, N., Kung, J., Brooks, S. (2020). Interventions to reduce the burden of vaccine-preventable diseases among migrants and refugees worldwide: A scoping review of published literature, 2006 to 2018. *Vaccine*, 38:7217-7225.



Behavioural and social drivers of vaccination framework



Source: The BeSD working group. Based on Brewer et al. Psychol Sci Public Interest. (2017).

Thinking and Feeling

Perceived disease risk

Vaccine confidence (perceived benefits, safety and trust)

- Involve migrants in tailoring information, resources and messaging to appropriately reflect their worldviews, ideologies, values, and basic needs (consider language/dialect, literacy, digital/offline/in-person formats, cultural and religious references and values)
- Involve migrants in choosing and delivering appropriate forms of outreach and engagement, e.g. one-to-one counselling, public forums, information sessions, bilingual pharmacies, local radio, community champions, religious centres and leaders, trusted messengers
- Build trust through increased transparency, standards and representation of migrants in vaccine trials and responsible medical research and the acknowledgement of past and present injustices against migrants and minoritised populations through specific policies, agendas, compacts and approaches to empower these communities

Social processes

Social norms (support of family and religious leaders)

Health worker recommendation

- Build and maintain partnerships with local community organisations, work with local community assets, and leverage existing networks (e.g. grassroots organisations, places of worship, schools) to design and deliver services and approaches grounded in local knowledge; establish a shared agenda to build trust; provide training and resources; facilitate links with local government, public health and clinical commissioning groups.
- Identify and harness respected and trusted messengers to deliver messages, recommendations to vaccinate, and facilitate dialogue; recognise their time and expertise.

Practical issues

Availability

- Introduce catch-up vaccination targets to ensure funding directed towards availability of routine vaccines for adults and adolescents

Affordability

- Reduced out-of-pocket costs; alternative vaccination settings to reduce need for travel

Ease of access

- Widen access through alternative vaccination settings (e.g. work, home, school, community), out of hours appointments, health workforce training to ensure eligible patients are not turned away or face administrative barriers, support to make appointments

Service quality

- Involve migrants in service design and quality-improvement

Respect from health workers

- Train clinical and administrative staff in migrant-sensitive approaches; provide access to interpreters and translated resources

Motivation

Intention to get recommended vaccines

Vaccination

Uptake of recommended vaccines

Meaningfully involve and empower communities to plan, design, lead, and implement strategies

Fig. 1: Strengthening uptake of routine immunisations in migrant communities: Strategies to consider based on the behavioural and social drivers (BeSD) of vaccination framework (Based on Brewer et al. ³²).

As we look forward ...

How do we improve coverage among migrant and refugee background communities?



Policy

- Include migrants in vaccination policies
- Reduce access barriers for caregivers (e.g., in/direct costs)
- Improve infrastructure to support data collection and information sharing between organisations
- Prioritise and invest in comprehensive and long-term (re)settlement support that addresses the social determinants of health
- Proactive and coordinated efforts to address the evolving geopolitical climate



Research

- Support research partnerships and community-led research
- Strengths-based approach
- Value diverse paradigms and methodologies
- Collect and report disaggregated data
- More comprehensive reporting (focus on longer-term outcomes) and studies to understand drivers and interventions



Practice

- Build awareness of the migrant and refugee experience
- Improve vaccine resources to support awareness
- Improve support to deliver culturally safe care and innovate service delivery
- Build trusting relationships and focus on the whole immunisation experience
- Ways to identify and engage overseas-born children and adolescents
- Improve knowledge and expertise regarding catch-up immunisations



*Thank
You*

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