

## **Participant Information Sheet**

#### Date Information Sheet Produced:

13 November 2024

#### Project Title

### HEALTH AND WELLBEING OF OLDER NEW ZEALANDERS

#### What is the purpose of this research?

The New Zealand Policy Research Institute at Auckland University of Technology is conducting an important national study with people aged 55 years and older, about their health, wellbeing, and how they are treated by others.

The study is funded by the Ministry for Social Development. Its results will be used by the government agencies to better meet the needs of older people in New Zealand.

#### How was I identified and why am I being invited to participate in this research?

For this survey, we are interested in talking to people aged 55 years and over who live in the community. We will ask about your health and wellbeing, and some harmful behaviours you may have experienced.

To take part, you need to be capable of providing informed consent and be able to complete the survey in a private, safe place.

#### How do I agree to participate in this research?

You will be asked to verbally consent to taking part in the research.

Your participation in this research is voluntary. You can finish the interview at another time or stop, if you choose. There is no disadvantage to you if you don't want to take part or choose to stop.

We will remove any information from the data that can identify you or your individual responses. If you wish to withdraw from the study, you can do so up until we remove any identifiable information from the dataset.

#### What are the discomforts and risks?

Some of the questions may seem quite sensitive, as we will ask about your health and wellbeing, and some harmful behaviours you may have experienced. Please let us know if there are any questions you would prefer not to answer and we will skip over them.

#### What are the benefits?

The data we collect will be given to the New Zealand Policy Research Institute at Auckland University of Technology who will use it to write a research report for the Ministry of Social Development (MSD). The researchers will also publish the study findings, through academic publications, on the study's website, and you may hear about the study in the media.

The survey data will be kept at the New Zealand Policy Research Institute at Auckland University of Technology until the project is completed, then transferred to the Ministry of Social Development (MSD) for further analysis and long-term storage.

The information you provide will help guide policy decisions to support older New Zealanders.

#### What are the costs of participating in this research?

This survey will take about 25 minutes depending on your answers.

#### How will my privacy be protected?

For your privacy, all information gathered during this call is strictly confidential and protected by the Privacy Act 2020. However, if you tell us about anything that indicates a serious or imminent risk of harm to yourself or other people, we may be required by law to report this to the relevant authorities.

We will remove any information from the data that can identify you or your individual responses.

Your personally identifiable information (such as contact information) is held by IPSOS and is kept completely separately from your survey answers. Access to this information is restricted to research interviewers for the purpose of arranging and conducting interviews, and three lead project staff at IPSOS.

# What do I do if I have concerns about this research? Whom do I contact for further information about this research?

We can provide some contact numbers available for support services who deal with harm of older people, if you would like them or you can find a summary of this information at the Health and Wellbeing Of Older New Zealanders' website [url: https://nzpri.aut.ac.nz/research/health-and-wellbeing-of-older-new-zealanders].

We will also provide contact details for IPSOS (the social research company conducting the interviews) and the AUT Research Team, if you would like them, or you can use the details below.

Concerns regarding the conduct of the research should be notified to the Executive Secretary of AUTEC at ethics@aut.ac.nz or +64 9 921 9999 ext 6038.

#### Project Supervisor Contact Details:

Dr Lisa Meehan at lisa.meehan@aut.ac.nz or +64 9 921 9999 ext 7489.

Approved by the Auckland University of Technology Ethics Committee on 24 June 2024, AUTEC Reference number 24/30.